

THINGS TO DO  
AT CAMERON HIGHLANDS RESORT



# THINGS TO DO

Please contact Guest Services for advance reservations

## THE ORGANIC CULINARY JOURNEY

Our talented chef and the farmer will lead you through the undulating plots of vegetable beds, sharing the intricacies of organic farming methods and labour of love that went into nurturing each crop. Our chef will conduct a cooking demonstration using freshly harvested vegetables to prepare a three-course meal for sampling that is bursting with natural goodness. Enhance your culinary experience with a rejuvenating 50-minute massage for an additional fee upon your return.

**Inclusions:** introduction to organic farming methods, ingredients, cooking demonstration, food tasting, recipes and certificate.

Breakfast at the Dining Room is recommended at 8.30am before departure to the farm at 10am | FREQUENCY Monday and Saturday | DURATION is approximately 5 hours | Minimum 2 persons, maximum 6 persons | Subject to availability and weather conditions | Advance reservation required

## CAMERON HIGHLANDS LEISURE TRAILS

This fascinating three-hour tour will introduce the unique varieties of vegetables, flowers, strawberries and cacti grown in the highlands. Plan out the unique sites you'd like to visit with our in-house guide.

**Travel tip:** long trousers, long/short sleeved top, sun hat, comfortable covered walking shoes and mosquito repellent recommended.

TIME Depart from reception at 11.30am | FREQUENCY Daily except Saturday, Sunday and Monday | DURATION is approximately 3 hours | Minimum 2 persons, maximum 8 persons per trip | Subject to weather conditions | Advance reservation required

## JUNGLE TREKKING ADVENTURE

Discover the plethora of natural wonders native to the highlands; encounter colourful flora that bloom along the trails whilst hearing the cicadas' call. Select from a variety of trails with the help of our Resident Naturalist.

**Travel tip:** long trousers, long/short sleeved top, sun hat, comfortable covered walking shoes and mosquito repellent recommended.

TIME Depart from reception at 9am | FREQUENCY Daily | DURATION and difficulty depends on the trails selected | Minimum 2 persons, maximum 4 persons | Not suitable for children aged 12 years and below | Subject to weather conditions | Advance reservation required

# THINGS TO DO

Cameron Highlands Resort, surrounded by breathtaking scenery, lush rolling hills, Tudor-styled cottages and with a view of the 18-hole golf course, is perfectly situated for explorations and invigorating countryside hikes. Please contact Guest Services for advance reservations.

## **SIGNATURE PICNIC EXPERIENCE**

Take an intimate stroll through lush tea bushes on a private appreciation tour on the cultivation of tea. Discover firsthand the intricate process that transforms tea leaves into a delicate brew that tantalises the palate. The highlight of this tea journey is a sumptuous picnic spread laid out al fresco in the heart of the tea plantation, allowing guests a panoramic view of the lush tea valley.

**TIME** Depart from reception at 9.30am | **FREQUENCY** Daily except Monday | **DURATION** is approximately 3 - 4 hours | Subject to availability and weather conditions | Advance reservation required

## **JIM THOMPSON MYSTERY TRAIL**

A delightful trail for nature lovers and bird watching enthusiasts, with White-Throated Fantails, several Bulbul and Sunbird species along with other birds commonly encountered in this region. This is our very own trail where you will be taken on a step-by-step journey by our resident naturalist. This delightful trail reveals the many species of fauna, flora, fungi and insects including historical sites such as Slim School and All Souls Church, where Jim Thompson was last seen.

**Travel tip:** long trousers, long/short sleeved top, sun hat, comfortable covered walking shoes and mosquito repellent recommended.

**TIME** Depart from reception at 9am | **FREQUENCY** Daily except Monday | **DURATION** is approximately 2 hours | **DIFFICULTY:** relatively gentle trek | Maximum 10 persons per trip | Not suitable for children aged 12 years and below | Subject to weather conditions | Advance reservation required